



Make Summer Learning Fun...count the seeds in the watermelon as you spit them out!

Principal's Message...

BUILD A BRIDGE TO ENHANCE SCHOOL SUCCESS

Any athlete or musician will tell you when they take a vacation and do not practice for a couple of weeks, they lose their sharpness. Then they have to train for a couple of weeks in order to get back to the level where they can play as they did before. For the same reason children lose their school skills in the summer vacation months. This is especially true of reading, writing and other basic skills. If they don't read and write regularly over the summer, they may start the new school year behind where they were at the end of the previous year.

To prevent kids from sliding back, it is important to build a bridge of activities that will link the work of the previous year with the next.

Build a Bridge to Enhance Summer Success

Step 1. Set A Schedule

Children and adults function more effectively with structure - set-up routines. For example, designate a daily time for learning and post it for everyone in your family to know that time has been reserved. Usually an hour a day is sufficient time for summer maintenance of skills. For kids who have a hard time maintaining focus, you may want to divide that time into two thirty-minute periods. Here is a sample schedule that one parent set for a child in the fourth grade. Daily work time: 9:00 to 9:40 a.m. begin spelling activity from spelling work text, 8:00 to 8:20 p.m. write a letter to a grandparent or friend.

Make sure your program is designed so that a daycare provider can direct morning activities and you can review

what your child has done in the evening.

Another consideration is to enroll your child in a summer program that provides intellectual stimulation. Look for programs that are provided by experienced instructors that enhance learning opportunities. But these can be fun and creative opportunities. For example, the Park and Recreation classes or family Board Game Nights! (Did you save the directions give at Family Math Night or in the PTA Newsletter?)

Step 2. Reserve A Space

Part of the psychology of developing good work habits is to have a place where work is performed. Children go to school where the environment is organized for schoolwork. When they sit at a certain table or desk, they understand that it is time to do their summer "bridge work." A workspace needs to make the statement: "This is a special space that has been created to help you focus on your bridge activities." All distracters, such as TV, need to be turned off.

Step 3. Collect Learning Materials

Books and materials are needed in order to guide summer learning. Here are some suggestions.

A writing journal can direct your children to write about certain topics and share the writing with others.

A spelling/reading/writing activity book can direct a child's spelling and writing activities for independent learning. A good place to get activity books is a teacher resource store. But remember, don't make it painful or a chore. Allow your child to use the activity book to play school or pick and choose the pages carefully.

A math game can involve children in solving math problems as they work

their way through the game. Games are a good way children review computation skills, math facts, and problem-solving. Keep lots of *reading books* around (magazines, newspapers, comic books) and make regular trips to the library. Most libraries schedule special summer events for kids. Sign your family up!

Step 4. Build Incentives

- Verbally praising your child on his/her effort and accomplishments increases motivation.
- Post drawings, improved worksheets, or a short response to an activity on the fridge.
- After completing a difficult task, play a game or offer a special treat like going to a museum or getting a fun book at the library.

Remember, the best learning happens by actually doing! So go to the local museums, zoo, art shows, or play at the park, in the pool, at the beach or making chores into learning opportunities such as finding the least expensive items or using coupons at the grocery store!

Hand in Hand, We Can!

Have a Safe, Fun & Productive Summer,

Dr. Pam Herkner
Cabrillo School
Another Principal's Message on the last page

Good-bye from Ismael Morales...

As we are winding down the school year, and I have some brief words to say to everyone here (and I will try to be brief here).

As some of you know, there will be changes with me next school year. They are great and I am excited about them.

I got accepted into a Masters in Education program with Teacher Certification (or Credential) at Arizona State University. Apart from that, one of their requirements is that I get a teaching contract as part of my in-classroom teaching experience. With that said, I am going to be teaching 5th grade at Loma Linda Elementary School with the



Creighton School District in Phoenix. I am happy to be part of such a unique program where one can learn hands-on with mentors and supporters who will be with me in the next two years.

Having said that, after 9 years at Cabrillo and in different school sites including Grant in Santa Monica in

the last two years, it is time to move on to new places and chapters with me.

I know in the next few days that we have I will reflect upon all the accomplishments that our small yet strong school have made. I know that there will be changes coming for Cabrillo but remember

they are for the benefit of children around the District and Malibu in particular. I am proud to be a part of the Equity District Advisory Committee which has helped to guide some of these coming changes.

In essence, if I don't get around in thanking everyone, this is my way of saying thank you to those that I may or may not reach on my limited time. My last official day with the District is July 20th.

Thank you to everyone that I had the opportunity to work with and to make things better for our children in our little yet strong educational village!

Sincerely,
Ismael

Mrs. Laurel Thorne is Retiring

Did you know?

Mrs. Laurel Thorne is retiring as of June 8, 2018.

Laurel is a role model for all at Cabrillo in demonstrating our vision of providing a kind, caring and compassionate learning environment.. She genuinely cares for her students. From that Laurel is extremely insightful and knows what makes them tick so that she can inspire them to Be the Best that they can be!

Her teaching is meaningful and purposeful. Using a hands-on approach in a variety of real-life set-

tings, Laurel is able to capture the attention of ALL students. For example, She is known for taking the kids to her farm, teaching them to garden and then use what they produced to cook and celebrate their successes.

Finally, Laurel cares for not just her students but for families and colleagues. She goes above and beyond to ensure ALL are cared for, are shared with and know she is there for them if they take a risk to

try something new in the best interests of kids. Definitely a great mentor and team-player!



She deserves this opportunity to move on to the next phase of life-but if we at Cabrillo could retain her-for our sake, we would. Laurel Thorne will be greatly missed!

MARK YOUR CALENDARS

School Starts on **Thursday, August 23, 2018**. It is a minimum day for Preschool-5th grades.

Friday, August 24th is a regular Banked time day so school is out at 12:40 as well.

August 28 and Sept. 4th are reserved for Back to School Nights-Minimum Days.

Sept. 3rd is Labor Day Holiday.

Sept. 10th and 19th are Local Holidays.

Nov. 6 is a Pupil Free Day for Parent Conferences

November 7-8-9 Minimum days for conferences.

Nov. 12th Veterans Day

Nov 21st Minimum Day

Nov 22nd and 23rd Thanksgiving Holiday.

Winter Break begins with a minimum Day on Friday, December 21st.

Elementary Students return on Monday, January 7th.

Jan 21st is Martin Luther King

Feb. 18 President Holiday

Spring Break-Minimum Day **April 4th-Return Monday April 22nd**

Memorial Day –May 27th

School Out June 12th.

Social Emotional Learning and Our Appreciations...

Learning about mental health promotes understanding, advocacy, and increased access to supports. Juan Cabrillo is dedicated to promoting positive mental health in our school and in our community.

This year as a school staff we have focused our own professional development on understanding the Whole Child and how we can better address student needs in the classroom through research-based best practices. Using the Responsive Classroom techniques of Morning Meetings, Interactive Modeling, Teacher Language and Academic Choice teachers have seen gains in students' overall wellbeing which has improved their ability to access the core curriculum. Students have demonstrated more positive attitudes towards school and built better relationships with staff and peers. Seeing the difference it has made in this year alone we know that if we work to continuously improve our skills the learning environment can only become better. Research shows and we have seen students succeed with effective first teaching in the regular classroom.

Did you know half of us will have a mental health challenge over the course of our lifetime? Yet research shows that many people -- particularly young people -- wait a long time to get help due to fears of being labeled or stigmatized. One in five teens and young adults live with a mental health condition, with 50% of them developing by age 14. The fact is with support and appropriate treatment people with mental health challenges can, and do, get better.

Stop the Stigma. Learn how you can start with a 3 question, multiple-choice quiz at: <http://www.curestigma.org>

Start the Conversation with a tip sheet of what to say to talk openly and honestly with others who need you to listen at: <https://www.eachmindmatters.org/wp-content/uploads/2017/03/3.-Say-This-Not-That-Tip-Sheet.pdf> Learn more about Mental Health at:

<https://www.eachmindmatters.org/>
<https://www.nami.org/>

On behalf of the total Juan Cabrillo Professional learning Community, our sincere appreciation to the

BGC for their support this school year by providing added one-on-one counseling, a lunch bunch and parent support in TK/K and after



school groups for those in the BGC program. Under the direction of Dr. Charlene Underhill, the Wellness Center was a huge success in supporting the school in meeting the needs of students. Next year we look forward to the BGC Wellness Center being more involved as the SMMUSD has contracted with them to take on the current role held by Santa Monica Family Services. Currently we receive three hours of services from a Counselor. Through this contract with the BGC Wellness Center, we will look forward to the addition of hours for a 5 hour counselor position. Having this plus the current program the Wellness Center has offered looks exciting. It brings more opportunities to address students' and parent needs.

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SMMUSD

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**THERE IS ROOM AT THE
TABLE FOR EVERYONE!**



FILLING BUCKETS AND DEVELOPING THE FUTURE TOGETHER!

A special thank you to our 2017-2018 PTA President, Alex Aspron Ladesich for her kind, compassionate and always willing to do "whatever it takes" in the Best interests of ALL kids" attitude!

CABRILLO PTA Board-for all they do each and every day behind the scenes to make sure it all comes TOGETHER. They are the ribbons that makes it all come together neatly and beautifully.

Zoe for giving of her time and nurturing soul to our kids through the PEACE Club. She teaches them to Care, give and empathize with others!

Anne Russell-Shurgot and Jude Brown (and Nancy Levy) for providing our students with the opportunities to learn "how to" lead and be productive members of not only Cabrillo but the greater Community of Malibu.

A special thank you to Stephanie Colvig and Beth Soloway for all they have done this year in our front office. Plus to Stephanie for feeding the hungry-Cabrillo Staff!

Congratulations to Amanda who is having a baby!

continued...

Another sincere appreciation to Roots and Wings, who has been working closely with Cabrillo for several years and this year also with all Malibu schools to provide monthly Parent Education. Through our collaborative partnership, we have been able to support parents and families. The Roots and Wings partnership helped fill a gap that was requested by parents, and met District requirements in the areas of Parent Education.

A huge thanks to all our support staff that help to ensure we meet the needs of ALL kids and parents.

It Takes A Village!

PRINCIPAL'S MESSAGE..

Wishing you all a safe and fun-filled summer break.

Next year will bring changes that will begin to lead us into the 21st Century. Our goals are to develop a school that will prepare students for the 21st Century. This means giving them the skills to know how to learn and access their resources by teaching them to collaborate, cooperate, communicate, think critically and creatively. It also means ensuring kids are "social engineers" able to work with their emotions and deal with social situations effectively.

Looking forward to all of us working together to build the

rules, roles and relationships together with the Pt. Dume community that will create the best learning environment possible for ALL of our kids.

Your involvement in committees such as the School Site Council, PTA and ELAC allow parents to have a voice. Your insights and expertise help us as educators ensure we are addressing the whole child. Together we accomplish and develop much better programs and activities. Thanks in advance for giving of your time and expertise by getting involved.

**HAND-IN-HAND, TOGETHER
WE CAN!**

Sincerely, Dr. Pam